



4thThursday eNews

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Message from the Board



By Lisa W. Bloder RN, CCM, President.

This time of year reminds me of the start of the school year and new beginnings. I am hoping that I will be able to encourage you to make some new beginnings by becoming more active in your chapter. We are constantly looking for new ideas and faces to assist the board with the monthly programs and /or special events that are planned for the chapter. To see how we organize all that we do, I invite you to the next board meeting on October 2, 2009, 8:00 am at the Denny's on Hwy 436 in Altamonte Springs. During this month's general meeting Brenda Randall will be talking to you about nominations for our board positions. Please consider you and those you know for these open positions and nominate the best of the best.

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KEEP THE DATE 2009

October 22, 2009

TOPIC: Prescription Drug Abuse

RSVP via website at <http://www.centralfloridacmsa.org>. - OR -
Call: Darlene Armstrong at 386-668-0841 or (cell) 386-956-5593. Leave your name & whether you are a member or not.

**"By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer."
- Helen Hunt Jackson**

BECOME A MEMBER

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Chapter Notes

Chapter Notes

If you could not attend last month's meeting, here is what you missed:

Yasmin Lugo, PhD, sponsored by Innovention Services spoke on Initial help for Adults with Depression Disorders. The lunch was sponsored by Colin Rowe, Center Comprehensive Services.

The program for next month is Prescription Drug Abuse.

Marty recognized the first time guest and job opportunities were announced. A new program called "get a member" was announced. Anyone who recruits 5 or more members, will win a one year free national membership, The top recruiter will be given free conference fee to next year's CMSA conference in Orlando

MEETINGS

Cont'd from page 1- President's Message -----

On another note I also would like to ask that you think about new beginnings in forming relationships with the businesses that sponsor our meetings. These businesses have demonstrated a true dedication to our organization by sponsoring the luncheon for us and by providing some of the best speakers/education in the industry. So please make sure that you consider their services in your daily business and be sure to thank them for their support.

In October we take time celebrate Case Management and all the incredible things the Central Florida Case Managers do. The definition of a care manager according to CMSA reads: "Care managers are advocates who help patients understand their current health status, what they can do about it and why those treatments are important. In this way, care managers are catalysts by guiding patients and providing cohesion to other professionals in the health care delivery team, enabling their clients to achieve goals more effectively and efficiently."

Remember that you are one of the most important links in the system that benefits multiple customers. Our Central Florida Chapter of CMSA wants you to know just how important you are. We ask that you take a moment to celebrate this month and to think of those situations in which you have been successful. Think for those moments of joy that occur in dealing with the health industry. This may be the patient returning to work or maybe simply cracking the hard exterior of a chronically ill person. Most of all remember that on a daily basis you make a difference.

We at the Central Florida Case Management Society Salute You and All You Do!

Lisa W. Bloder, RN, CCM

4TH THURSDAY OF EVERY MONTH.

Educational offering with CEU & CCM

Location: Bahia Shrine Auditorium.
2300 Pembroke Dr.
Maitland. 32701

RSVP- Member-free
Non-member-\$15

Non-RSVP- Member-\$5
Non-member-\$20

First time guest—FREE

RSVP to: -Darlene Armstrong @
866-838-1580 or
Via website @
www.centralfloridacmsa.org

Government News

Rethinking Damage Drinks Do To Kids Young Drinkers More Resilient? Not So, Says New Study

By Lloyd de Vries

(CBS) A new study by the American Medical Association challenges the assumption that young drinkers are more resilient than their elders to the harmful effects of boozing.

Not so, Richard Yoast, director of the AMA's Office of Alcohol and Drug Abuse, told CBS Radio News.

"Children who started drinking before the age of 15 had a much higher risk of having long-term life-long alcohol problems and alcoholism than those who began drinking after that," he said. "The brain is still developing up until the early 20s. In fact, the adolescent brain is less resilient than the adult brain."

"Our brains go through important transformations during adolescence," says Sandra Brown, Ph.D., chief of psychology services at the Veterans Affairs Medical Center in San Diego and whose brain research is included in the report.

The AMA report, Harmful Consequences of Alcohol Use on the Brains of Children, Adolescents, and College Students, examines two decades of scientific research on how alcohol alters the developing brain and causes possibly irreversible damage.

On average, children now try alcohol for the first time at the age of 12, and nearly 20 percent of 12 to 20-year-olds report being binge drinkers (having 4-5 drinks in a row).

"It can certainly interfere with their learning abilities," said Yoast. "It affects areas such as memory and learning and a lot of thinking skills, for example."

The AMA report also shows adolescent drinkers scored worse than non-users on vocabulary, visual-spatial and memory tests and were more likely to perform poorly in school, fall behind and experience social problems, depression, suicidal thoughts and violence.

The AMA study also found that young drinkers are at high risk of suffering "possibly irreversible" brain damage.

The AMA is asking cable stations and television networks to stop airing alcohol commercials targeted at youth. In particular, it asks broadcasters not to air alcohol ads on programs that air before 10 p.m. or that have 15 percent or more underage viewers, or air commercials depicting mascots, cartoons or other characters targeted to younger viewers.

"It's time TV executives and the alcohol industry stop profiting at the hands of those most harmed by drinking," said Dr. J. Edward Hill, chairman of the AMA.

A recent nationwide poll conducted for the Robert Wood Johnson Foundation found that nearly 70 percent of Americans favor a ban on TV liquor ads and 59 percent support banning beer commercials on TV.

BULLETIN BOARD



Treasurer's Report

Income: \$640.00
Expenses: \$1956.94



KEEP THE DATES
2009

Jan 15, 2009

Feb 26, 2009

Mar 26, 2009

April 23, 2009

May 28, 2009

June 25, 2009

July 23, 2009

Aug 27, 2009

Sept 24, 2009

Oct 22, 2009

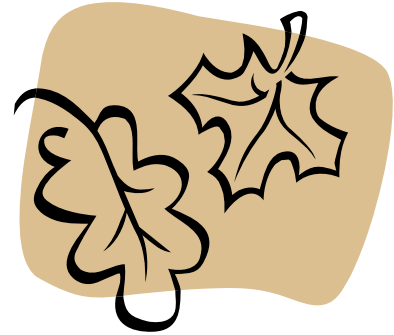
Nov 12, 2009-Annual Vendor Show

Dec 10 2009- Holiday Party

CF-CMSA BOARD



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Don't miss this opportunity to meet with vendors, gather useful information that will help you in your professional life, and network with other Case Managers

DOOR PRIZES
FOOD AND FUN

CENTRAL FLORIDA CMSA VENDOR SHOW

November 12

4-7 P.M.

Bahia Shrine

2300 Pembroke Dr

Maitland FL 32810

RSVP via website: CentralFloridaCMSA.org

See website for directions and more info